

BOTTLE CARE INSTRUCTIONS

- HAND WASH THE GLASS. DO NOT PUT THE GLASS IN THE DISHWASHER.
- Wash with mild soap and warm water. Do not soak in very hot water for extended periods.
- Avoid scrubbing outside with abrasive materials.
- If you have followed the straw instructions and a vacuum still can't be created, there may be an issue with the silicone cup. Email me and I will replace it for you.
- There have been reports that *specifically red gatorade* may stain the designs if left on the bottle for extended periods. Coffee, soda, other artificially colored drinks have not had this effect.

HOW TO USE THE STRAW

1. Take the weighted ball out of the nipple.
2. Insert the weighted ball into the bottom of the tube.
3. Insert the top of the tube into the silicone cup, nub facing down.
4. Sit the silicone cup up into the lid of the bottle, lining up with the nub from the nipple rim and then lower it into the bottle.
5. Screw on the lid.
6. Sip from the nipple to create a vacuum. This will keep the straw in place and the nipple should be continuously full of liquid.

